



ARTHRITIS

Learn about the basics of arthritis



Get answers to the following questions and more:

- What are some of the symptoms of arthritis?
- How do I manage the challenges of living with arthritis?
- What resources are there to help me with arthritis?

SPEAKER: **Amanda Casalengo**
Director of Community Engagement, Arthritis Foundation

FREE EVENT

WHEN: Thursday, March 22, 2018 | 10:00 - 11:00 AM

WHERE: Venice Japanese Community Center
12448 Braddock Drive, Los Angeles, CA 90066

CONTACT: For more information, please contact the VJCC Office by calling 310.822.8885.

All programs are FREE unless otherwise noted and are made possible by Keiro along with support from our Community Partners, donors, and volunteers.

HOSTED BY:

Venice Japanese Community Center

Keiro

Keiro is a mission-driven organization engaged in improving the quality of life for older adults and their caregivers in the Japanese American and Japanese community of Los Angeles, Orange and Ventura counties. Keiro delivers a wide range of resources to address the challenges and barriers that aging presents. Keiro also partners with companies and organizations that can expand its services and ability to reach seniors and caregivers, and participates in research and innovative work where Keiro can contribute to advancing progress in resolving the challenges of aging.