



A Message of Gratitude and Reflection from the 2023 Miss Western LA Queen

by Aiko Dzikowski

When I first applied to the Miss Western LA and Nisei Week Queen and Court Programs, I had no idea how much my life would change in the months and years to follow. Having just moved to LA not even a year before applying, I remain so touched and grateful for everything the experience has given me: a community, a sisterhood and a family.

As a second and fourth generation Japanese American who grew up in a predominantly white town in Pennsylvania, I had always dreamed of having a Japanese American community. Now, all thanks to everyone involved with the Venice Japanese Community Center, the Venice West-LA JACL and Nisei Week, I feel like my dreams have come true. Because of the kindness and warmth I continue to receive from the inspiring people I have met through this program – including **Kazie Kame, Delcene Kuwata, Irene Osako, John Saito, Shannon Tsumaki, and Faith Nishimura** who gave me this opportunity – I am now determined to continue my involvement and to help support the next generation of Japanese American women and girls.

Alongside the six incredible women I am honored to call my sisters, I have been lucky enough to participate in leadership development workshops, cultural enrichment training, nearly a hundred local community events and life-changing trips to Japan,

Hawaii and San Francisco. I have grown not only as a public speaker and community leader, but also as a cultural ambassador, global citizen and friend. My sisters – from the 2023 Nisei Week court, previous Nisei Week courts and the Cherry Blossom Courts of Hawaii and Northern California – inspire me to be the best, kindest, most authentic version of myself, and my favorite memories involve the moments we were able to share together.

As part of a greater sisterhood and within a big family which includes my newfound aunties and uncles, I am excited for the next chapter of my learning and growth as a Japanese American woman. While the women in my family have spent most of their lives in Japan, my grandmother was born in California and my mother lived in West LA for some of her childhood. As a homecoming of sorts, I am beyond honored to have reintegrated into and represented such a wonderful community over the course of the past year. I couldn't

have done it without your tremendous support and my hope is that I will be able to help the community's next generation of queens to come. Thank you.

Aiko Marie Matsumura Dzikowski is currently at UCLA pursuing her PhD in Linguistic Anthropology. Her research focuses on language and identity

(Continued on page 2)



SAVE THESE DATES

Annual Membership Meeting
Wednesday, December 11

Shinnen Kai & Keiro Kai
Sunday, January 19, 2025

Please check VJCC.com for the latest updates.



Board Visions

Ikigai – The Art of Staying Young While Growing Old

I became a member of the VJCC to enroll my son **Josh** onto a **VYC SureShot** basketball team. Presently, Josh is a coach for his son **Landon's** basketball team, the **Venice Sharks**. Landon is 8 years old, Josh is older, and I am trying to stay young while growing old. I've traded my books on basic basketball skills for books like *IKIGAI – The Japanese Secret to a Long and Happy Life*. The *kanji* for ikigai can be translated as a "life-worthy."



The book focuses on the Okinawa Blue Zone which has the most centenarian citizens anywhere on the planet. In the book it states, "Certain longevity studies suggest a strong sense of community and a clearly defined ikigai are just as important as the famously healthful Japanese (Okinawan) diet, perhaps even more so..."

On August 17, the new **Bingo Committee** ran a hugely successful **VJCC Bingo Night**. The event saw the unveiling of the new and improved video projector/motorized screen/sound system. It's hard to see the return on investment (ROI) on audio-visual (AV) equipment for our community center; it's much easier to 'feel' the AV equipment's return on relationships (ROR). The investment in the AV equipment will help us continue to build "a strong sense of community" through videos featuring our multi-generational membership shown to all who attend our multi-generational VJCC events.

As a member of the 'Old' Bingo Committee, I was excited to see the new equipment play its part in the new Bingo Night's look, sound and feel. It was special, for me personally, to know that a large portion of the funds from the past 20+ years of bingo, were spent on AV equipment for the next generation. I am honored and humbled to be a part of the 'old' Bingo Committee which gave me a sense of finding what it means to live a "life-worthy." I would also like to thank our members for allowing me to serve on the **VJCC Board** for many years.

My apologies in advance to those who think that this is my resignation letter--it is not. The VJCC has become a part of my personal ikigai--although my diet is nowhere close to "the famously healthful Japanese diet"--I still have a slim (pun intended) chance of living out my ikigai through "a strong sense of community" with each of you here at the VJCC.

A reason to live...

Staying young while growing old...

Happiness and Joy.

Kelvin Uyeda

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Vision Statement

"A center to preserve the heritage and perpetuate the Japanese-American cultural experience."

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Donations: September 2024

The VJCC gratefully acknowledges the following donations of time, material, and money:

In Memory of Sammy Befu

Valerie Rose	\$100
Karen Eguchi	\$100

In Memory of Susumu Ioki

Eric Inouye	\$200
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In Memory of Martyn Sun

Amanda Brooks	\$100
Gary Leach	\$200
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Legacy Tree: September 2024

The VJCC gratefully acknowledges donations and pledges towards the Legacy Tree:

None to report.

Message from the Board *(Continued from front page)*

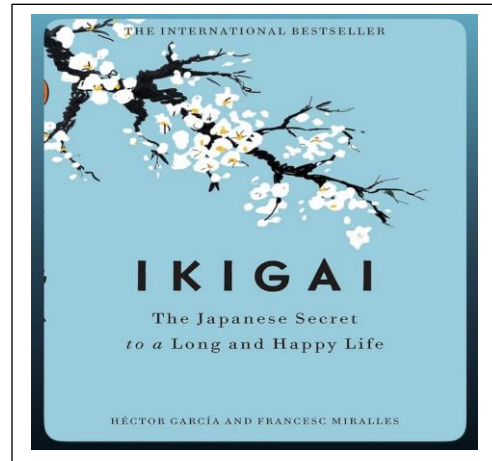
within the Japanese American community, and her interests have been shaped by her experience within the JACL's National Youth/Student Council, the US State Department's Fulbright Program, and now the Miss Western LA and Nisei Week Queen and Court Programs. She hopes to pursue a career in education and international relations, and she is eager to continue her involvement with the Venice Japanese Community Center and surrounding Japanese American community. If you are interested in applying to the Miss Western LA and Nisei Week Queen and Court Programs (or to graduate school and other educational opportunities), you can email her at adzikowski@ucla.edu.

Board Vision by Kelvin Uyeda – October 2024

生き甲斐 – 年をとりながら若さを保つ秘訣

私が VJCC の会員になったのは、息子のジョシュを VYC シュアショット・バスケットボール・チームに入会させるためでした。

現在、ジョシュは、彼の息子のロンドンのバスケットボール・チーム、ベニス・シャークスのコーチをしています。ロンドンには 8 歳、VYC に入っていたジョシュは大人になり、私は年を取りながら若さを保とうとしています。私は若さを保つために以前読んでいたバスケットボールの基本的な技術に関する本に代わって『IKIGAI-長生きして幸せになる日本の秘訣』のような本を読むようになりました。生き甲斐という漢字は「生きる意味・生きる理由」と訳すことができます。



本書は、地球上で最も長寿者が多い沖縄ブルーゾーン（健康で長生きする人が多く暮らしている地域）に焦点を当てています。

この本では、「ある長寿研究は、強い共同体意識と明確に定義された生き甲斐が、健康で有名な日本人と同じくらい重要であることを示唆している」と述べています。

8 月 17 日、新しいビンゴ委員会は VJCC ビンゴ・ナイトを大成功させました。

このイベントでは、皆さんに新しく改良されたビデオプロジェクターと、電動スクリーン、音響システムがお披露目されました。コミュニティ・センターの AV 機器への投資対効果 (ROI) を数字やデータなどで見るのは難しいですが、AV 機器の投資対効果 (ROI) を「実感」するのは簡単です。AV 機器への投資は、私たちが「強いコミュニティ意識」を築き続けるのに役立つと思います。多世代が参加する VJCC のイベントに参加するすべての人に、多世代の会員を紹介するビデオを上映することで、「強いコミュニティ意識」を築き続けることができます。

VJCC の多世代交流イベントに参加されるすべての方々にご覧いただけます。

旧ビンゴ委員会のメンバーとして、私は新しいビンゴ・ナイトの外観、音、雰囲気新しい機器が一役買うのを見るのが楽しみでした。

私個人としては、過去 20 年以上にわたるビンゴ・ナイトの資金の大部分が次世代のための AV 機器に費やされたことを知ることは、特別なことでした。

私はビンゴ委員会の一員であることを光栄に思うと同時に、謙虚な気持ちになりました。

「価値ある人生」を送るとはどういうことなのかを見出す感覚を与えてくれました。また、これが私の辞表だと思われた方にはあらかじめお詫びしておきます。私の食生活は、「しっかりした」日本食とは程遠いですが、VJCC と皆さんの強い共同体意識、コミュニティ精神を通して、私の「しっかりとした」生き甲斐を日々感じております。

植田ケルビン



Senior Wellness Program

OCTOBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10am-12pm Chinese Mahjong (MPR)	2	3	4	5
6	7 10-11am Tai Chi (MPR)	8 10am-12pm Chinese Mahjong (MPR)	9	10	11	12
13	14 10-11am Tai Chi (MPR)	15 10am-12pm Chinese Mahjong (MPR)	16	17	18	19
20	21 10-11am Tai Chi (MPR)	22 10am-12pm Chinese Mahjong (MPR)	23	24 10:15am "Shogun" Movie (CL)	25	26
27	28 10-11am Tai Chi (MPR)	29 10am-12pm Chinese Mahjong (MPR)	30	31 10:15-11am Halloween Bingo (CL)	Location: MPR= Multipurpose Room CL = Classroom L = Lounge	



Movie "Shogun"

with Richard Chamberlain & Toshirō Mifune

A shipwrecked English navigator (Richard Chamberlain) joins a warlord (Toshirō Mifune) power struggle in 17th - century Japan.

Thursday, October 24, 2024 @ 10:15am

Please RSVP to 310.822.8885



Halloween Bingo

Thursday, October 31,

2024 @ 10:15am

Please RSVP to
310.822.8885



All classes and activities are FREE to all VJCC members 60 years and older. Our number one priority is the safety of our participants. All classes and activities may still follow strict CDC protocols. e.g., face covering. Participants must be fully vaccinated and had taken first booster shot. Scheduled events can change without notice. Any questions or to RSVP please contact Gayle Hiramí @ gayle_hiram@yahoo.com. or call the VJCC office at 310. 822.8885.



2024 FALL

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Venice Gakuen

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September 2024 Recap

Venice Gakuen is back in session for the 2024-2025 school year with three grade levels – Youth 1 for ages 5-8, Japanese 1 (beginner) for ages 10-17 and Japanese 2 (intermediate/advanced) for ages 10-17.

On September 14th, the students made 月見団子 (つきみだんご・tsukimi dango) to celebrate十五夜 (じゅうごや・juugo-ya), or Moon Viewing.

ベニス学園の新学期が始まりました。今年は3学年でスタート – Y1 は 5～8歳向けの初級クラス、J1 は 10～17歳向けの初級クラス、J2 は10～17歳の中級クラスです。

9月14日に各クラスで月見団子を作り、十五夜の歴史を習い、作ったお団子をあんこ・きな粉・抹茶味で美味しくいただきました。



お月見



Venice Gakuen Classes

Y1: beginner, ages 5-8

Learn to read/write hiragana; Learn basic words and phrases through games and songs

J1: beginner ages 10-17

Perfect for older children who want to learn hiragana & basic Japanese sentences.

J2: intermediate/advanced aged 10-17

Learn more complex sentence structures through games and roleplay. Must know hiragana & katakana, some basic words and simple sentences.

Registration Fee: \$50 | Tuition: \$100 per month

Please email venicegakuen.office@gmail.com for more information



Venice Gakuen | Saturdays 9am - 12pm & 12pm - 3pm | Email: venicegakuen.office@gmail.com
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Community News

VENICE PIONEER PROJECT

October 2024

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- With a BBQ Lunch & BINGO
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Nov. 5-7, Tues.-Thur. **LAS VEGAS TRIP** (new date)

California Hotel with meals coupons, bus, and gratuity.

Reservations – by mail in flyer, plenty of openings.

Dec. 8, Sun. **VPP HOLIDAY PARTY**

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MEMBERSHIP RENEWALS 2025 will be mailed out in the coming month.

VPP & VJCC APPLICATIONS - both must be **signed & filled out** EACH year for INSURANCE PURPOSE.

PAYMENT - Check made to the VENICE PIONEER PROJECT for VPP membership, \$15/person.

And a **SEPARATE CHECK** (IF OWED) to the VENICE COMMUNITY CENTER for VJCC membership.

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VENICE KARATE CLUB

October 2024

We hope everyone and their families are doing well. The days are getting shorter and temperatures have cooled a bit to more “normal” levels, but students and members of our club are active as ever. The sun is now setting around 7:00pm, and when everyone is settling down for the day our students begin their training to not let their technique, skills, and spirit “Fall”. Colds are spreading with school season, and as Ki-Ai cannot fully prevent it make sure to eat well, sleep well, and train well!

Striving for Perfection of Character through Gratitude

By Kelvin Uyeda



The VKC has always volunteered and worked on behalf of the VJCC - most recently at the last Cleanup Day event. We have always had large numbers of students and parents show up for these “special” trainings. Our regular trainings emphasize - Kihon (basic karate techniques), whereas these “special” trainings emphasize the Perfection of Character in the minds of our students. Thank you all who participated in the Cleanup Day “Special” training- Luku Goldner, Ririka/Andres/Ricardo/Miyuki Lopez, Yoichi Yamamoto, Eric Swanson, Jin Kuboshima, Luke

Shimahara, Tim Horton, Kayo/Ria Funakoshi, Mike Lee, Erika/Felix Campe, Taiyo Yamaguchi, Akiko Yamada, Rick/Yumiko Suzuki, Ron/Brady Sugano. Special mention to our Shodan Brady Sugano, who received an “Instant Recognition” award from the VJCC Executive Council (see the front-page article) for his exceptional Perfection of Character- Ossu!

Club Representation at Oregon Summer Gasshuku



From August 8-10 Kenichi “Kenny” Shiba Sensei of JKA Oregon Dojo hosted seminars and tournaments with Takuya Taniyama Shihan of JKA, who traveled from Tokyo to oversee and instruct the students that attended. As it was Oregon Dojo’s first gasshuku post-Covid, students from many cities and countries attended including Santa Monica Dojo, Colorado Dojo, and our Head Instructor Kelvin Uyeda Sensei. They represented our region well, and we hope they can convey their learnings at their dojo!

The Venice Karate Club meets every Monday and Thursday from 7:00-9:15pm.

Whether you are continuing your training or interested in starting something new, our Club will always welcome you.

If interested, please contact the Venice Japanese Community Center office for details.

空手クラブでは、毎週月曜日と木曜日午後7時から9時15分、空手の稽古をしています。何か運動を始めたいと思っている方は、是非一度見学にいらしてください。

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Frances & Thomas Oshima

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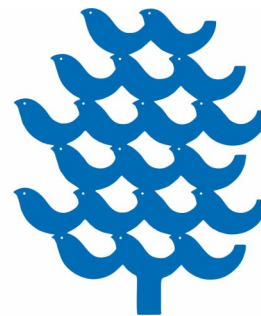


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General Dentistry

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Playa del Rey, CA 90293
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cyoshikawa_dds@yahoo.com
Saturday appointments available



Venice Pioneer Project

VJCC Pickleball Club

* Thank You To Our 2024 VJCC Bingo Night Sponsors *

CLEAN-UP DAY WRAP-UP

THANK YOU once again on CLEAN-UP DAY. Thanks for helping to make the day a success with the cleaning of the Center and bringing its Clubs and its membership together. It was great to see all the organizations mingling and working on this project.

Saturday Set-up	Karate Club
Sign-in, Food & Drinks	Celeste Yamashita & Joy Hong
Gym Lobby & Stage	Bob Onishi & Ted Nishimura
Classrooms	Brady Sugano & Gayle Hiram
Lounge	Gayle Hiram
MPR	Karate Club – Ron Sugano
Conference Room	Jae Toyota
Kitchen	Pickleball – Joyce Enomoto
Bathrooms	Fusako Ogasawara
Gym & Outside	Scout Troup 764
Mats & Screens	Jun Oyama & Victor Kobayashi
Work Assignments	Kevin Kunisaki
Laundry	Karate Club – Ron Sugano
Donuts	Bob Onishi
Fried Rice	Ken Nagao

Check out Keiro's Aging & Caregiving Services Directory



Drawing from 60 years of experience in health care, Keiro has a culturally sensitive directory to help find the care planning you need.

Visit Aging & Caregiving Services Directory at keiro.org/directory.

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Moon Over Ferris Wheel, 2024

Photo by Ryan Uyematsu

PHOTO CLUB – 10.2024



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310 207-6111



2024 Venice Shodo Kai 50th Anniversary Shodo Exhibition

Venice Shodo Kai was established 1974 by Ryuseki Ouchida Sensei.

This year is the 50th anniversary. To celebrate, we decided to have a Shodo Exhibition on October 27th (Sunday), 2024.

All Shodo works of Shodo Kai members and other local Bunka Shodo Kai members' works will be on display. We're delighted that VJCC Gindo Kashu Rouei Kai has agreed to collaborate. Experience the unique blend of Shodo-Gin: live Shodo demonstrations accompanied by Shigin performances.

We will be serving tea and snacks. We hope that everyone will be able to join our exhibition and enjoy the exhibition with family and friends.

Date & Time: October 27th (Sun) 11am ~ 5 pm

Place: VJCC MPR (Small Gym)

Admission: Free

ベニス書道会50周年記念書道展

ベニス書道会は1974年に大内田龍石先生によって設立され、今年で設立50周年を迎えたことを祝福して10月27日（日）に書道展を開催することとなりました

ベニス書道会全会員の多数の作品と、近郊の文化書道会の会員の作品も同時に展示します。

また、VJCC所属の吟道加州朗詠会の共同参加を得ることができ、書の展示に加えて詩吟の発表及び書道吟（詩吟に合わせて漢詩を書く書道）もお楽しみいただけます。

茶菓の用意もありますので 皆様、お誘いあわせの上ご来場いただき、展示会場でおくつろぎ下さい。

日時：2024年10月27日（日） 11 AM ~ 5 PM

会場：VJCC MPR (Small Gym)

料金：入場無料

VENICE SHODO KAI

October 2024

At the Keiro wellness event on September 17, about 10 people gathered to learn Shodo(calligraphy) together.

Both beginners and those with experience enjoyed writing their favorite kanji with the assistance of the shodo club.



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SENIOR NUTRITION

October 2024

Come join us not only for nutritious meals, but also for fun activities in a warm and welcoming environment that will enhance your overall health and well-being.

Our VJCC-sponsored programs continue to be popular with our seniors. Our volunteers' mission is to make our seniors get up, get dressed, and get going...to look forward to spending time with old friends, making new ones in a place that is welcoming and fun, and to encourage them to join in other VJCC activities, classes, and clubs (Senior Wellness Programs, The Pioneer Project, Pickle Ball, Ikebana, Bonsai, and many more).

- ◆ Celebrating Monthly Birthdays (3rd Friday)*
- ◆ The Puzzle Center (1000+ piece puzzles)
- ◆ The Garden Market
- ◆ Monthly Bento Program (last Friday)*
- ◆ Ever-popular weekly Bingo *
- ◆ Annual Holiday Party*

***Note: You must be a VJCC member in order to participate in these programs.**

➤ Come in to sign up with Tina Grammatico, WLCAC Meal Service Coordinator of the Senior Meals Program and to pick up a menu (monthly menus are also posted on the VJCC website). Tina is an employee of the WLCAC and with the help of the VJCC volunteers stands ready to package up nutritious meals (grab 'n' go) Monday through Friday. **Note: If you participate in any of the VJCC-sponsored activities above, we encourage you to also sign up for the warm meals provided Mondays – Fridays by the WLCAC. There is no joining fee to participate in the WLCAC Senior Meals Program.**



FALL BAKE SALE



The VJCC Senior Nutrition's popular **Fall Bake Sale will be on Monday, October 28.** We will be open from 9:00 a.m. - 11:30 a.m. Do come early as our baked goods (as well as other items: jelly, snack goods, mochi, savory items, etc.) all tend to sell out quickly. We will also have a craft table which is also popular. In the past, we've had handcrafted greeting cards & jewelry, postcards, knitted/crocheted items (it's always a surprise what shows up).

Our fundraisers help us sponsor the VJCC Senior Nutrition programs throughout the year.

We'd love to have you join us at our Spring Bake Sale!!

Of course, none of the programs would be possible without the VJCC Senior Nutrition volunteers:

Volunteer Leadership:

Kats Nishimoto, President
Sharon Okimoto
Melissa Lee
Robyn Shimizu-Cohen

Volunteer Team:

Carol Yokoyama
Yoshiko Nickerson
Linda Takahashi
Karen Tipton

Lois Tateishi
Carolyn Komoto
Jean Inada
Sheri Nagata

Tini Ibrahim
Cris Pineda
Nadine Shintaku
Beverly Yahata
Victoria Yamashita

They all work tirelessly to not only bring warm meals to our seniors but also deliver meals and bento to friends and family members. Additionally, they continue to develop and support programs that enhance the lives of an important segment of our community.

Friday Happenings: VJCC Senior Nutrition Volunteers





VENICE JAPANESE COMMUNITY CENTER

Baseball Caps!

NAME: _____

PHONE: _____

EMAIL: _____

Total:

_____ caps @ \$20 each = \$ _____

_____ books @ \$40 each = \$ _____

Total purchase = \$ _____

Please make checks payable to "VJCC"

Mail form & pmt to: VJCC
12448 Braddock Dr.
L.A., CA 90066

You will receive an email or phone call when your order is ready to pick up.

THANK YOU FOR YOUR SUPPORT

90th Anniversary Celebration
Venice Japanese Community Center

History Book



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Contact Sharon at
Treasurer@VJCC.com
for details and additional information.

VJCC

LOST & FOUND



The VJCC Lost & Found is located inside the gym, near the northeast entrance. Depending on their condition, all items will be discarded or donated quarterly - at the end of March, June, September, and December.



VENICE JAPANESE COMMUNITY CENTER, INC.

12448 Braddock Drive, Los Angeles, CA 90066

(310) 822-8885

MEMBERSHIP APPLICATION FOR YEAR _____

Please Print

Information is for VJCC use only

Check One:

NEW RENEWAL LIFE ADDRESS CHANGE

Check One:

ADULT MEMBER PARENT OF MINOR PARTICIPANT

LAST NAME _____ FIRST NAME _____ SPOUSE _____

Occupation _____ Occupation (Spouse) _____

Minor Participant _____ Birth Date _____ Club _____

Minor Participant _____ Birth Date _____ Club _____

Minor Participant _____ Birth Date _____ Club _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE () - _____

E-MAIL ADDRESS _____

Monthly newsletter & VJCC-related messages will be sent via email. (Note: You can decline now or you can always decline later at any time): Decline If you also want a hardcopy of the newsletter, check one: U.S. Mail Classroom pickup

If a class roster is published for class use only, may we include your name, address and phone number? YES NO

VJCC Classes/Organizations you belong to _____

IS PARTICIPANT COVERED BY MEDICAL INSURANCE? YES NO

EMERGENCY CONTACT: Name _____ Phone _____ Relationship _____

LIABILITY RELEASE AND WAIVER

For and in consideration of my being permitted to use the facilities and equipment of the VENICE JAPANESE COMMUNITY CENTER, INC., and any class I attend, at 12448 Braddock Drive, Los Angeles, CA 90066, and further to be allowed to enter, remain, and be on the premises owned, operated, supervised, or managed by the above-stated organizations, or any other place in the course of the activities of the above-stated organizations.

I, THE UNDERSIGNED, DO HEREBY EXPRESSLY WAIVE AND RELEASE all and any rights, claims, demands, actions, or judgments which I, the undersigned, ever had, now has, may have, or claimed to have, against the above-stated organizations, their officers, members, agents or employees of any and all personal injuries and damages and any and all injuries to property, real or personal, which might be caused by the, arise out of, or result in connection with my presence on the premises of the above-stated organizations or otherwise by my participation in any activity organized, supervised, or conducted by the above-stated organizations or wherever located.

- I HAVE READ THE CONTENTS OF THIS RELEASE AND WAIVER AND UNDERSTAND ALL ITS TERMS.
- I EXECUTE THIS RELEASE AND WAIVER VOLUNTARILY WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE.
- I AGREE TO HAVE MEDICAL INSURANCE COVERAGE FOR EACH PARTICIPANT.
- I HEREBY CONSENT TO THE USE OF MY NAME, PHOTOGRAPH AND/OR IMAGE BY VJCC FOR ITS PROMOTIONAL PURPOSES.
- I AGREE TO ABIDE BY THE VJCC RULES AND REGULATIONS AS PRINTED ON THE REVERSE SIDE OF THIS PAGE.

DATE: _____ ADULT'S SIGNATURE _____

RELATIONSHIP TO MINOR PARTICIPANT _____

CHECK APPROPRIATE MEMBERSHIP CATEGORY & MAKE CHECK PAYABLE TO "VJCC" CHECK # _____

Adult Individual Membership (18 or older) \$30 Dues collected by _____

Family Membership (including minors under 18 & full-time students under 24) \$50 (class or organization)

Senior (age 80 & paid member for past 5 consecutive years) Birth date (required) _____ (dues waived)

VJCC RECORD: Treasurer _____

White Copy - VJCC

Yellow Copy - Class/Organization

Pink Copy - Member

DB POSTED _____

DUES POSTED _____

Rev. 09/06/2018

VENICE JAPANESE COMMUNITY CENTER, INC.

RULES AND REGULATIONS FOR PARTICIPANTS OF CLASSES AND ORGANIZATIONS

1. Each participant, parent of a minor participant (child under the age of 18 years living at the same address, or a full-time student under the age of 24 years) and instructor must be a member of VJCC.
2. Each adult and minor participant must be covered by medical insurance.
3. Anyone suffering an injury must immediately report this to the instructor or responsible adult.
4. Each organization must have a responsible adult (instructor or organization officer) present during all practices, meetings or classes. If a responsible adult is not present, the class shall be cancelled.
5. The responsible adult shall have the authority to cancel all activities when the gym, classrooms or other facilities are found to be unsafe.
6. The responsible adult shall see that each participant is in only authorized areas of the building. Unauthorized areas are those areas that are not pertinent to the activities, such as the stage and the stairways of the gym, etc.
7. Each participant shall be responsible for leaving the room clean and in order.
8. As class or organization members, each participant is expected to help in VJCC-sponsored events (e.g., clean-up, festival, bingo, etc.).
9. This form must be completed annually.

VENICE JAPANESE COMMUNITY CENTER

2024 ONGOING PROGRAMS & CLASSES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
▼ 12:30 Taiko 3:30 Virtual Sunday Yoga 5:30 Volleyball Adult 8:00 Basketball Adult	9:00 Pickleball 10:00 Tai Chi (60+) (Senior Wellness Program) 10:30 Sr. Nutrition ▼ 1:00 Craft Workshop 4:30 Basketball VYC 6:30 Aikido 7:00 Del Rey H/O (1 st Mon,Zoom) 7:00 Karate	09:00 Adult Zumba 10:30 Sr. Nutrition 10:00 Sr. Wellness ▼ 4:00 Basketball VYC 7:00 Taiko 7:00 Boy Scouts 7:00 Judo	9:00 Pickleball 10:00 Roeikai-Shigin 10:30 Sr. Nutrition ▼ 4:30 Basketball VYC 7:30 JAACL (1 st Wed) 7:00 Kendo	10:30 Sr. Nutrition ▼ 12:30 Ballroom Dance * ▼ 4:00 Basketball VYC 6:00 Aikido 7:00 Ikebana 5:30 Japanese as Sec. Lang. (Before Beginner, Beginner) 7:00 Karate	9:30 Sumi-e 10:30 Sr. Nutrition ▼ 4:00 Basketball VYC 6:00 Hula 7:00 Japanese as Second Language (Intermediate) 7:00 Judo 7:00 Kendo	7:15 Aikido 9:00 Japanese Language (Children's) 9:30 Japanese Dance* 9:30 Basketball VYC ▼ 1:00 Koto* 2:00 Bunka Shodo 1:00 Iaido
Same as Week 1	Same as Week 1 10:00 Watercolor ▼	Same as Week 1	Same as Week 1 ▼ 7:30 VYC Mtg (2 nd Wed)	Same as Week 1	Same as Week 1 ▼ 7:00 Bonsai (2 nd Fri)	Same as Week 1 1:00 Iaido ▼
Same as Week 1	Same as Week 1	Same as Week 1 ▼ 7:00 Boy Scout Parents	Same as Week 1 ▼ 7:00 CBO (3 rd Wed) 7:30 VJCC Exec Council	Same as Week 1 ▼ 5:30 Japanese as Sec. Lang. (Before Beginner, Beginner)	Same as Week 1 ▼ 7:00 Japanese as Second Language (Intermediate)	Same as Week 1
Same as Week 1	Same as Week 1 10:00 Watercolor	Same as Week 1 ▼ 7:00 Photo Club (4 th Tues) 7:00 Bonsai (4 th Tues)	Same as Week 1 ▼ 7:00 RAP (4 th Wed)	Same as Week 1	Same as Week 1	Same as Week 1 1:00 Iaido ▼

Revised 10/4/2024

* class has not yet resumed

2024 REPRESENTATIVES

Arts & Crafts

Craft Workshop..... Ruby Kita
 Photo Club..... June Inai
 Watercolor..... Ko Yoshida

BSA Troop 764

Scoutmaster.....Dan Regan
 Parents' Club..... Elton Doi

Exercise

Yoga.....Leslie Masuda
 Zumba.....Leonore Miller

Dance

Ballroom Dance*..... Gayle Hiram
 Hula..... Wen-Chia Parker
 Japanese Odori*..... Dianne Fukuwa

JAACL (Venice/WLA).....John Saito

Japanese Culture

Bonsai..... Shig Miya, Shinya Miyakoshi
 Ikebana.....Satsuki Palter
 Calligraphy (Japanese Brush Writing)
 Shodo.....Fusako Ogasawara
 Sumi-e..... Jane Shibata

Japanese Language

Gakuen (Youth)..... Shizuki Yamashita
 Adults (as a 2nd language).....Fusako Ogasawara

Martial Arts

Aikido..... Tom Scheir
 Iaido..... Harry Mott
 Judo..... Trace Nishiyama
 Karate..... Ron Sugano
 Kendo..... Kevin Fujikami

Music

Koto*..... Eiko Idota
 Shigin (Roeikai)..... Kosei Yamamura
 Taiko (Koshin)..... Lori Miyakawa

RAP..... Carolyn Komoto

Seniors

VJCC Sr. Nutrition..... Kats Nishimoto
 - Senior Meal Service (M-F) .. Tina Grammatico
 Pioneer Project.....Eric Inouye
 Senior Wellness Program.....Gayle Hiram

Sports

Basketball (Adult).....Chuan Michael Chang, George Johnston
 Basketball (VYC).....Kathy Yamashita/Kazie Kame
 Pickleball (Adult)..... Mil Kurashige/Ken Rosengrant
 Volleyball (Adult)..... Todd Nakamoto

Revised 10/4/2024

FOR CLASS INFO, CALL VJCC OFFICE (310) 822-8885 OR EMAIL OFFICE@VJCC.COM
 MESSAGES WILL BE RELAYED TO APPROPRIATE PARTIES



Venice Japanese Community Center, Inc.
COMMUNITY NEWS

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